NATIONAL COUNCIL FOR OCCUPATIONAL SAFETY AND HEALTH CORONAVIRUS ()



WHAT IS CORONAVIRUS?

The 2019 Coronavirus (COVID-19) is a new virus strain that hasn't been identified before in humans. It can resemble common cold symptoms initially, but it can escalate to more serious respiratory disease.

HOW EXPOSED ARE WE?

Infectious diseases, such as COVID-19, most commonly spread from an infected person to others. An alarming number of cases have been confirmed in the United States, thus most workers here are exposed to this virus.





IMPACT ON WORKERS

Workers are at the epicenter of efforts to protect and serve the public. Some occupations such as health care and emergency personnel are at extreme risk of infection. But all workers -- transportation, caregivers, correctional, cleaning, retail, among others -- are at elevated risk of infection and need protections.

PROTECTING OURSELVES

- Avoid close contact with sick people
- While sick, limit contact with others as much as possible. Stay home if you are sick
- Cover your nose and mouth when you cough or sneeze. Avoid touching your eyes, nose and mouth with unwashed hands; germs spread this way
- Clean and disinfect surfaces and objects that may be contaminated with germs
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand rub with at least 60% alcohol.



HEALTH RIGHTS AT WORK

Your employer is responsible for providing (1) training about exposure routes and protective measures and

(2) relevant personal protective equipment, as well as for record-keeping of workers who suspect work-related exposure and infection.

DISCRIMINATION AT WORK

It's against the law for a worker to be profiled and discriminated against based on their race, ethnicity, or nationality. Watch out for inaccurate information, racial profiling, and other actions not related to evidence-based prevention.



EVERYONE HAS THE RIGHT TO A SAFE AND HEALTHY WORKPLACE





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